



# CLEANMACHINE®

ALL NATURAL SPORTS NUTRITION



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## AHIFLOWER® OIL

A VEG PRO OMEGA

- ✓ RICHEST EFFECTIVE OMEGA 3 PLANT SOURCE<sup>1</sup>\*
- ✓ UP TO 400% GREATER EPA CONVERSION THAN FLAX OIL\*
- ✓ HIGHEST NATURALLY OCCURRING SOURCE OF SDA<sup>1</sup> A PRO-EPA OMEGA 3\*
- ✓ HIGHER PRO-EPA VALUE THAN FLAX, CHIA OR HEMP OILS\*



DIETARY SUPPLEMENT 90 VEGETARIAN CAPSULES



## AHIFLOWER® OIL

### A Veg Pro Omega

- ✓ Richest Effective Plant Source Omega 3<sup>1</sup>\*
- ✓ Up to 400% Greater EPA Conversion than Flax Oil\*
- ✓ Highest Naturally Occurring Source of SDA<sup>1</sup> A Pro-EPA Omega 3\*
- ✓ Higher Pro-EPA Value than Flax, Chia or Hemp Oils\*

**Directions:** Take 3 softgels daily with food.

### Supplement Facts

Serving Size 3 vegan softgels  
Servings per Container 30

#### Amount Per Serving

Calories	15
Calories from Fat	15
Total Fat	2250g
AHIFLOWER® ( <i>Buglossoides arvensis</i> ) seed oil	
Omega-3 Fatty Acids:	1239mg*
Alpha-Linolenic Acid (ALA)	855mg*
Stearidonic Acid (SDA)	384mg*
Omega-6 Fatty Acids:	306mg*
Linoleic acid (LA)	204mg*
Gamma linolenic acid (GLA)	102mg*
Omega-9 Fatty Acids:	135mg*
Oleic Acid (OA)	135mg*

\* Daily Value (DV) not established.

**Other Ingredients:** Softgel (Non-GMO modified food starch, carrageenan, glycerin, sorbitol, purified water).

**Precautions:** Refrigerate after opening. Fully close bottle after each use. **KEEP OUT OF REACH OF CHILDREN.**

Ahiflower®, the patent-pending Non-GMO *Buglossoides arvensis* seed oil, is the richest effective omega-3 [stearidonic acid (SDA) and alpha linolenic acid (ALA)] fatty acid source.<sup>1</sup>\*

Ahiflower® oil provides the highest source of SDA, a Pro-EPA omega-3, which is required for EPA synthesis in the body.\* A human clinical trial found that Ahiflower® has a 300%-400% greater EPA conversion rate than flaxseed oil.\*

Overall, Ahiflower® has a higher EPA value than flax, chia or hemp oil.\* Emerging research suggests that EPA may help promote protein synthesis and reduce muscle protein breakdown.<sup>‡</sup>\*

<sup>1</sup> From a single Non-GMO plant.

<sup>‡</sup> Results verified in in-vitro lab testing.



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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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